

STEPHEN FORTUS SIGNER, MDCM MBA DLFAPA  
CURRICULUM VITAE

**General Information**

Professional Addresses

Psychiatric Centers at San Diego  
11770 Bernardo Plaza Court  
Suite 370  
San Diego CA 92128  
T 858-673-3360  
F 858-592-0884

Birth Montreal, Quebec/Canada  
1956 February 29

Citizen US Naturalized

## Education and Training

- 1973-1975 CEGEP Vanier (Snowdon), Montreal,  
Diplome des études collégiales 1975
- 1975-1976 McGill University, Faculty of Medicine, Montreal  
Med-P Program,  
Award: University Entrance Scholarship, 1975
- 1976-1980 McGill University, Faculty of Medicine, Montreal  
Med I-IV  
MD, CM 1980  
Awards: University Scholarship 1976  
McConnell Bursary 1978  
Winter Research Bursary 1979
- 1980-1981 Sir Mortimer B. Davis-Jewish General Hospital, Montreal  
Internship, Straight Medicine, McGill University  
H. Frank MD, Physician –in-Chief
- 1981-1984 Residency in Psychiatry  
Department of Psychiatry, Medical Faculty, University of Toronto, Toronto  
V. Rakoff, MD, Chairman
- 1984-1986 Fellowship in Neurobehavior  
Neurobehavior Training Programme  
Department of Neurology, Faculty of Medicine, University of California, Los Angeles  
(UCLA), Los Angeles  
D. F. Benson, MD (Augustus Rose Professor of Neurology) and J. L. Cummings, MD  
Award: Medical Research Council of Canada Fellowship 1984-1986
- 2006-2010 Master of Business Administration 2010  
Isenberg School of Management, University of Massachusetts, Amherst
- Licensure** Quebec, Corporation Professionnelle des Medecins du Quebec R-4448 1980-1981  
Ontario, College of Physicians and Surgeons of Ontario 32965 1981-current  
California, Board of Medical Quality Assurance, G051749 1983-current
- Certification** Diplomate of the National Board of Medical Examiners, 238242, 1981  
Licentiate of the Medical Council of Canada 52,417 1981  
Fellow of the Royal College of Physicians and Surgeons of Canada in Psychiatry,  
2935, 1984  
Diplomate of the American Board of Psychiatry and Neurology in Psychiatry,  
29686, 1987  
Added Qualification in Geriatric Psychiatry, 416, 1991; 2001;2011  
Added Qualification in Psychosomatic Medicine, 358, 2005-2015  
Certificate of the United Council for Neurologic Subspecialties in  
Behavioral Neurology and Neuropsychiatry, BNNP00315-08, 2008  
Qualified Medical Evaluator, Industrial Medical Council/CA, 002835  
Certificate in Psychiatric Administration and Management, American Psychiatric  
Association, 2007

**DEA** BS2382810; FS0850443  
XS2382810  
**NPI** 1194771956  
**MINC#** CAMD-0103-9145

### Professional Experience

**Past** Queen Street Mental Health Centre/Ontario Hospital, Toronto, Ontario  
Duty Physician, 1982-1984

1 Reed Telemetry, Centre for Health Sciences, UCLA, Los Angeles, CA  
Consultant, 1985-1986

Royal Ottawa Hospital, University of Ottawa, Ottawa, Ontario  
Staff Physician, Outpatient Department, 1986-1989  
Inpatient Unit, 1988-1989  
Geriatric Clinic, 1988-1989

Elizabeth Bruyere Hospital, Ottawa, Ontario  
Alzheimer Day-Away Programme, Consultant, 1986-1987

Ottawa General Hospital, Ottawa, Ontario  
Psychogeriatric Clinic, Consultant, 1987-1989

NTL Institute, Alexandria VA  
Clinical Consultants Committee, 1991-1994

Palomar Family Counseling Services, Escondido, CA  
Consultant, 1992

Southwest Pain Management Medical Group, Escondido, CA  
Consultant, 1993-1994

Southwood Psychiatric Hospital/PIA/NME, Chula Vista, CA  
Neurobehavior Programme, Clinical Director, 1989-1991

Feighner Research Institute, San Diego, CA  
Research Associate/Sub-investigator, 1990-2000

California Neuropsychopharmacology Clinical Research Institute, San Diego, CA  
Consult Physician/Investigator, 1996-2000

Vericare, San Diego, CA  
Consultant, 2002-2008

**Current** Psychiatric Centers at San Diego, San Diego, CA

Physician, 1990- current  
Shareholder  
Patient Satisfaction Award for Excellence in Quality Care, Physician 2007

Established Poway office 1991; Escondido office 1995

Southwest and Associates, San Diego, CA  
Physician, 1996- 2021  
Shareholder

US Public Health Service (USPHS)  
National Disaster Medical System (NDMS)  
Disaster Medical Assistance Team (DMAT) CA-4, San Diego, CA  
Medical Officer 1992-2011

San Diego Medical Reserve Corps  
Clinical Disaster Service Worker 2005-

Palomar-Pomerado Health System, San Diego County, CA  
Medical Director, Mental Health Unit, Palomar Medical Centre, Escondido, CA  
1991-2008  
Medical Director, Geriatric Psychiatry Unit, Pomerado Hospital, Poway, CA  
2007  
Medical Director, Palomar Partial Hospital Programme, Escondido, CA, 1996,  
Intensive Out-patient Programme San Marcos CA 2005-2006  
Medical Director, Pomerado Geriatric Intensive Out-patient Programme, , Poway,  
CA, 2007  
System Consultant, Palomar Pomerado Health, Behavioral Health, 2008-2010

Physician of the Year 2005 Behavioral Health and Outpatient Services  
Physician of the Year 2006 Behavioral Health and Outpatient Services  
Unit Physician Award, Mental Health Unit and Clinical Outreach Service 2009  
Unit Physician of the Year PDHC Mental Health Unit 2014

Sharp MacDonald Center, San Diego CA  
Medical Director MAT IOP 2020-

Jewish Family Services, San Diego, CA  
Consultant, 1991-2014  
Laboratory Director (HIV CLIA-waiver), 2007-2010

Mental Health Systems, San Diego, CA

Medical Director, North Inland Drug Abuse Programme, 1992-1993  
North Inland Regional Recovery Centre, 1993-2017  
Mid-Coastal Regional Recovery Centre, 1993-1995  
Options for Recovery, 1993-1994; 2002- 2010  
Probationers in Recovery, 1994-1996  
Pegasus West, 1994-1996

McAlister Institute for Treatment and Education, El Cajon, CA

Medical Director, North Coastal Regional Recovery Centre,  
1993-1996; 2005- 2021  
North Coastal Teen Recovery Centre 2005- 2021  
Mira Mesa Adolescent 2003-2005  
East County Regional Recovery Centre,  
1993-1996; 2003-2018  
North Central Teen Recovery Centre 2005- 2021  
North Rural Teen Recovery Centre 2005-2018  
East Teen Recovery Centre 2003-2018  
North Inland Regional Recovery Centre, 2017- 2021  
North Inland Women's and Adolescent Recovery  
Centre, 2016- 2021  
North Central Women's Recovery Centre, 2018-

North County Serenity House, Escondido, CA

Medical Director, 2009-2013

Casa Rafael/Alpha Project, Vista CA

Consultant, Medical Director 2017-

House of Metamorphosis, San Diego CA

Consultant, Medical Director 2017-

Fellowship Center, Escondido CA,

Consultant, Medical Director 2017-

Interfaith Community Services, Escondido CA

Consultant, Medical Director 2017-

MAAC Project, San Diego CA

Consultant, Medical Director 2017-

Patient Advocate Program, San Diego, CA

Medical Consultant, 2009-2014

**Hospital Affiliation**

Palomar Medical Centre, Escondido, CA-1991-2017  
Pomerado Hospital, Poway, CA-1991-2017

Aurora Behavioral Health Centre, Poway CA-2017-  
Tri-City Medical Centre, Oceanside CA-Active Affiliate 2017-2019

Sharp Mesa Vista Hospital  
Staff Physician Active 2017-  
Sharp Memorial Hospital  
Staff Physician Active 2017-  
Sharp MacDonald Center  
Staff Physician Active 2017-

**Academic Appointment**

University of California, Los Angeles CA  
Neurology, Adjunct Instructor, 1984-1986  
University of Ottawa, Ottawa, Ontario  
Psychiatry, Clinical Assistant Professor, 1986-1989

University of California, San Diego, CA  
Psychiatry, Assistant Clinical Professor, 1991-current  
Resident Psychotherapy Supervisor, 1990-1991  
Med II Psychopathology Course Facilitator, 1992-2011

**Reviewer**

CMRI/ California Medical Review Inc., PP6298/Lumetra, 2001-2005  
Pacific Foundation for Medical Care/Redwood Health Services, 2002-06

**Psychology Assistant**

M. A. Carlsh PhD PSB 35319 2010-2011

## Professional Activities

- University    Psychiatric Residents' Association of Toronto/PRAT  
                    Vice-President, 1982-1983  
                    Editor, PRAT Newsletter, 1981-1983  
                    Ontario Psychiatric Residents' Association/OPRA  
                    Founder/Convenor, 1983-1984
- University of Toronto, Psychiatry  
                            Department of Psychiatry Executive, 1982-1983  
                            Committees    Post-graduate Education, 1982-1983  
  Curriculum, 1982-1983  
  Mental Retardation, 1982-1983  
  Chronic Care, 1983
- Hospital      Royal Ottawa Hospital, Psychiatry, Ottawa Ontario  
                    Admission and Discharge, 1986-1989; Vice-chairman, 1987-1989  
                    Medical Records, Vice-Chairman, 1987-1989  
                    Education and Training, 1988-1989  
                    Neuropsychiatry Lectures, 1986-1989  
                    Psychiatric Manifestations of Head Injury SIG, 1988-1989  
                    Ottawa General Hospital, Psychiatry, Ottawa, Ontario  
                    Psychogeriatric In-Service Training, 1987-1989  
                    Southwood Psychiatric Hospital, Chula Vista CA  
                    Pharmacy and Therapeutics, 1989-1991; Chairman, 1990-1991  
                    Quality Assurance, 1989-1991  
                    Utilization Review, 1989-1991  
                    Secretary-Treasurer, Medical Staff, 1991  
                    Mesa Vista Hospital, San Diego CA  
                    Medical Records and Utilization, 1991  
                    Palomar Medical Center, Escondido CA  
                    Medical Advisory Committee, 1994  
                    Wellbeing Committee, Consultant, 1994  
  Chair 2000  
                    Computerized Physician Order Entry (CPOE)  
  Member, 2010

## Organizations

- Canadian Medical Association
  - Member, 1982-1991
- Canadian Psychiatric Association
  - Member, 1981-current
  - Board of Directors, Director-in-Training, Ontario, 1982-1984
  - Council on Education and Professional Liaison, 1982-1984
  - Psychosomatic Section, 1983-current
  - Section of Biological Psychiatry and Neuropsychiatry
    - Founder/Interim Chair 1984; Secretary 1984-1991
- Canadian Academy of Geriatric Psychiatry
  - Member, 1992-current
- American Medical Association
  - Member, 1986-1988, 1990-1991
- California Medical Association
  - Member, 1990-current
- San Diego County Medical Society
  - Member, 1990-current
- American Psychiatric Association
  - Fellow, 2008
  - Distinguished Fellow, 2008
  - Distinguished Life Fellow, 2018
  - Member, Area V/Ontario, 1983-1990
    - San Diego Society of Psychiatric Physicians, 1990-current
    - Hospital Committee Chair 2002-2004
    - Disaster Committee Chair 2001-2003
  - Task Force on Treatments of Psychiatric Disorders
    - Panel on Organic Mental Disorders, 1989
  - Practice Guideline for the Assessment and Treatment of Patients with Suicidal Behaviors, Reviewer, 2003
  - Practice Guideline for the Assessment and Treatment of Patients with Alzheimer's Disease and Related Disorders, Reviewer 2006
  - Practice Guideline for the Assessment and Treatment of Patients with Panic Disorder, Reviewer, 2007
  - Practice Guideline for the Assessment and Treatment of Patients with Alcohol Use Disorder, Reviewer, 2017
- American Neuropsychiatric Association
  - Member, 1989-current
- American Association for Geriatric Psychiatry
  - Members, 1990-current
  - Public Policy Institute 2006
- Academy of Psychosomatic Medicine
  - Member, 1992-current
  - Finance 2006
- Association for Convulsive Therapy



Member, 1993-1996; 2007-2010  
American Association of Psychiatric Administrators  
Member 2007-

**Community Organization**

Epilepsy Foundation of San Diego County  
Professional Advisory Board, 1990-current

**Journals**

Canadian Journal of Psychiatry  
Editorial Board, 1983-1986  
Reviewer, 1984, 1987, 1989  
Biological Psychiatry  
Reviewer, 1989  
Psychosomatics  
Reviewer, 1990  
Journal of Psychiatry and Neuroscience  
Reviewer, 1994, 1996  
Journal of Neuropsychiatry and Clinical Neurosciences  
Reviewer, 2004-current  
General Hospital Psychiatry  
Reviewer, 1995