***Joanna T. Savarese, Ph.D.***

Licensed Clinical Psychologist/

Neuropsychologist PSY 24973drsavarese@sdbrainworks.com858-914-1347

**EDUCATION AND TRAINING**

2008 Ph.D., Clinical Psychology, California School of Professional Psychology at Alliant International University, San Diego, CA

2005 M.A., Clinical Psychology, California School of Professional Psychology at Alliant International University, San Diego, CA

2000 B.A., Psychology & Communication, University of Arizona, Tucson, AZ

**CLINICAL & CONSULTING EXPERIENCE**

2014-present **SAN DIEGO BRAINWORKS, Psychological & Neuropsychological Services, PC, San Diego, CA.** Provide psychological and neuropsychological services to diverse clients in private practice.

2012-2013 **PACE RECOVERY CENTER,** **Clinical Director, Huntington Beach, CA.** Provided individual and group psychological services to men 18+ years old in treatment and recovery. Consulted with team regarding clinical issues in treatment/recovery/therapy.

2009-2012 **NEUROPSYCHOLOGY CONSULT SERVICES, Post-doctoral Fellow/ Neuropsychologist, San Diego, CA.** Conducted diagnostic (i.e., neurocognitive functional exams utilizing empirically supported procedures) and clinical services (i.e., head injury and stroke support groups as well as empirically supported memory remediation) on individuals with dementia, CVA’s, head injuries, and learning disabilities.

2008-2010 **SHARP NEUROREHABILITATION FACILITY, Post-doctoral fellow, Inpatient Rehabilitation Program, San Diego, CA**. Conducted neuropsychological assessments on individuals with brain injury, including traumatic brain injuries and cerebral vascular accidents. Wrote neuropsychological reports and evaluations for inpatient rehab program. Provided feedback to family members and treatment team. Worked in collaboration with a number of other professionals including occupational therapists, physical therapists, and speech pathologists to create individualized treatment programs. Supervise and train students.

2007-2008 **VA LOMA LINDA, Psychology Intern, APA Accredited Internship, Loma Linda, CA.** Worked on a Neuropsychology Rotation for 8 months. Administered various neuropsychological and personality measures to a diverse population of veterans including individuals with brain injury/blast injury, CVA, brain tumors, and Dementia. Scored and interpreted neuropsychological and psychological tests and wrote approximately 85 reports. Worked in a dual diagnosis treatment program treating individuals with substance abuse/addiction problems. Conducted daily inpatient and outpatient psychotherapy and psycho-educational groups.

2006-2009 **PSYCHOLOGICAL ASSISTANT, Judith Meyers, PsyD, San Diego, CA.** Scored and interpreted personality assessments used for court cases as well as differential diagnosis on children, adolescents, and adults. Prepared supervisor for expert witness trials on forensic cases. Analyzed testing results and prepared alternate explanations. Administered personality assessments and conducted psychotherapy.

2005-2006 **SHARP NEUROREHABILITATION FACILITY, Neuropsychology Practicum Student, Day Treatment Program, San Diego, CA**. Conducted neuropsychological assessments on individuals with brain injury, including traumatic brain injuries and cerebral vascular accidents. Administered at least one to three batteries per week. Scored, analyzed, and interpreted testing results. Wrote neuropsychological reports and evaluations for day treatment program. Worked in collaboration with a number of other professionals including occupational therapists, physical therapists, and speech pathologists to create individualized treatment programs.

2005-2006 **ALVARADO PARKWAY INSTITUTE, Psychology Intern, San Diego, CA.** Worked in both inpatient and outpatient treatment centers. Participated in formal rotation spending 8 months inpatient and 4 months outpatient. Conducted group psychotherapy, individual psychotherapy, and psychological testing. Interacted with a diverse population including, adults, geriatrics, and medically disabled individuals of various ethnicities and cultures. Conducted group psychotherapy using Cognitive, Biological, Psycho-education, and Cognitive-Behavioral approach. Co-facilitated several groups on weight loss and other health concerns such as sleep, exercise, nutrition, and smoking. Individualized treatment plans for individual psychotherapy clients, which included CBT/psychodynamic, and weight loss. Worked in collaboration with a team of 12 people, including pre-docs, post-docs, and licensed psychologists.

2004-2005 **PALOMAR FAMILY COUNSELING, Psychology Practicum Student, San Diego, California.** Worked one-on-one doing therapy with individuals as well as conduct group psychotherapy sessions. Worked with children, adolescents, adults and families with varying presenting problems, and in various settings such as outpatient clinics and schools. Performed initial assessment and create treatment plans for both long-term and short-term therapy clients. Facilitate various psychotherapy groups such as grief, motivation, and anger management. Co-facilitated a court mandated parenting group. Conducted Cognitive Behavioral therapy, Insight-Oriented therapy, and Psycho-education.

2003 **CALIFORNIA PSYCHCARE**, **Supervisor/lead therapist, Los Angeles, California.** Provided therapeutic services to developmentally delayed children using different therapy techniques. Duties included: Observing children in their homes and in the classroom, interviewing various family members and teachers, writing thorough assessments for Regional Center Review (requesting services for children), and writing detailed and specific treatment plans for children with Autism (ABA, DTT, Floor Time).

2002 **NEW YORK PSYCHOANALYTIC INSTITITE, PARENT–CHILD CENTER, New York, New York.** Conducted one-on-one and group play with children ages 16-24 mos. Engaged in play therapy and symbolic play; discussed and explained these interactions and their meanings to the mothers of these children.

**RESEARCH & STATISTICAL CONSULTATION EXPERIENCE**

2012-2013 **RESEARCH CONSULTATION PROS, Statistical and Research Consultant**. Assists clients with all phases of the dissertation process, including assistance with dissertation prospectus or concept paper, dissertation proposal, hypotheses formation and document editing. Additionally, provide statistical consultation to clients, including SPSS assistance, power analysis, data coding, data analysis, explanation of SPSS output, and statistical results write-up.

2004-2007 **RESEARCH ASSISTANT, Neuropsychiatry and Behavioral Medicine, University of California, San Diego, William Perry, PhD & Arpi Minassian, PhD.** Involved in research on neuropsychological functioning in various disorders including Schizophrenia, ADHD, and Bipolar Disorder. Created and executed original research projects. Conducted neuropsychological assessments on research participants using a battery of neuropsychological measures. Administered and score Rorschach’s to individuals who are in the manic phase of Bi-polar disorder. Performed statistical analysis using SPSS and conduct various literature searches. Wrote abstracts and create posters for presentation and publication.

2004-2009 **STATISTICIAN AND RESEARCH DESIGN ASSISTANT, Judith Meyers, PsyD & Richard Levak, PhD.** Involved in privately funded research projects on culture and personality assessment. Worked as statistician and/or research design assistant. Data has been presented at conferences and paper for publication is in progress.

2002-2003 **RESEARCH ASSISTANT, New York Psychoanalytic Center, Parent-Child Center, New York, New York.** Involved in studies on child development and parent-child relationships. Duties included: Recorded detailed process notes and transcribed Mother's Group psychotherapy sessions, interacted with and observed children in a play setting, observed children's developmental stages and looked for possible onset of delays/psychopathology, studied and interpreted children's representation of play, analyzed issues of parenting, child development, and parent-child communication.

2002-2003 **RESEARCH ASSISTANT, City University of New York, Hunter College, New York, New York.** Involved in ongoing NIMH and foundation grant funded research program investigating change in attachment representations during a randomized controlled psychotherapy trial. Duties included: Involved in the recruitment and running of participants, the transcription of semi- structured interviews, coding data, entering data, editing large data sets, and data analysis using SPSS and general lab functions. Assistant in the preparation and writing of grant applications, manuscripts, and conference presentations. 1999-2000 **RESEARCH/ SEMINAR ASSISTANT**, **University of Arizona, Tucson, Arizona.** Duties included: Assisted in all aspects of Forgiveness Workshops, researched information and issues relating to Forgiveness, worked with mentor in organizing each individual seminar, created audio tapes of each lecture, analyzed and interpreted each individual’s struggle with Forgiveness.

**ACADEMIC AND TEACHING EXPERIENCE**

2014-present **ASSISTANT PROFESSOR, Ashford University, College of Education, Curriculum Specialist.** Work collaboratively with course developers and instructional designers to create undergraduate college level courses in Early Childhood Education and Child Development degree programs. Oversee and coordinate the entire process. Edit and create content and implement instructional design concepts.

2013-2014 **ASSISTANT PROFESSOR, Ashford University, College of Education, Co-Chair Cognitive Studies.** Provide support to academic programs, academic discipline, and student success. Participate in peer review and mentoring, participate in meetings and trainings. Teaching in the Department of Education, Cognitive Studies program, carrying a teaching load of 30 credits/year. Create and develop original courses, coursework content, and curriculum development. Present webinars and collaborate with other programs throughout the college.

2012-2013 **ADJUNT PROFESSOR, Ashford University, San Diego, CA.** Teach a variety of classes to undergraduate and graduate students (e.g., Theories of Personality, Applied Project). Create original class guidance’s (lectures), respond to student’s needs, assignments, and discussions in an online format.

2005-present **ADJUNT PROFESSOR, CSPP & DUP, Alliant International University**. Taught, organized, created, and developed original lectures and lesson plans for classes such as: Neuropsychology; Biological Bases of Behavior; Statistics; Personality Theories; Developmental Psychology; Human Sexuality; and Juvenile Delinquency to graduate and undergraduate students.

2005 **TEACHER ASSISTANT, Theories of Personality: Psychoanalytic, Joanne Callan, Alliant International University.** Involved in class discussion, and answering students questions. Taught review sessions in order to help prepare students for the mid-term and final exam.

2004-2007 **ACADEMIC TUTOR, Alliant International University.** Taught students and teachers various subjects including: Statistics, Behavior theory, Psychoanalytic theory, and Biological Bases of Behavior.

2004-2005 **TEACHER/COMPREHENSIVE EXAM REVIEWER,** **Methodology, Statistics and Research Design, Alliant International University.** Taught a monthly class to graduate students on Statistics, Methodology and Research Design in order to prepare students for the comprehensive exam. Prepared course outline, reviewed material, created lesson plans and numerous handouts for students.

2004-2005 **TEACHER/COMPREHENSIVE EXAM REVIEWER, Theories of Personality, Alliant International University.** Taught a monthly class on Personality Theorists in order to prepare graduate students for the comprehensive exam. Prepare course outline, review material, create lesson plans and create numerous handouts for students.

2002-2003 **TEACHER ASSISTANT, Abnormal Psychology, Hunter College, New York, New York.** Provided educational assistance to undergraduate students. Graded papers and tests. Involved in the formulation of exam questions and classroom assignments.

**OTHER CLINICAL/TESTING EXPERIENCE**

2012 Completed certificate training in Perinatal Mood and Anxiety Disorders

2004-2007 Conduct Neuropsychological assessments (WAIS, DKEFS, CogTest) and administer Rorschach’s, UCSD, San Diego.

2004**-**2005Trained in administering and interpreting the MMPI and Rorschach, AIU, San Diego

2004 Conducted WAIS III Intellectual Assessments, WRAT III Achievement Tests, and VMI Motor Visual Integration Assessments, AIU, San Diego

2003 Trained in Discrete Trial Training Therapy and Floor Time Therapy, California Psychcare, Los Angeles, California2002 Trained in conducting the Adult Attachment Interview, Hunter College, New York, New York

**PROFESSIONAL AFFILIATIONS AND HONORS**

2012-present National Academy of Neuropsychology

2000 Pi Kappa Phi Honorary

2000 Magna Cum Laude Graduate

**PROFESSIONAL ACTIVITIES**2011New Faculty Hiring Committee, DUP, Alliant International University

2004-2005 New Faculty Interviewing Committee, Alliant International University 2004-2005 G2 Student Representative, Alliant International University 2004-2005 APAGS Student Campus Representative, Alliant International University2004 G1 Student Representative, Alliant International University

**PUBLICATIONS**

Savarese, J. (2004, April). Cuddly comfort. *Parenting Magazine*.Savarese, J. (2003, December). Pacifier or thumb? *Parenting Magazine*. Savarese, J. (2001, November). Dream State. *Parenting Magazine*.Savarese, J. (2001, October). Why do our Stomach's Growl? *Parenting Magazine*.Savarese, J. (2001, September). The Robot Rage. *Parenting Magazine*.Savarese, J. (2001, June). I knew I'd Bonded With My Baby When… *Parenting Magazine*.

**PRESENTATIONS**

2010-2012 **Savarese, J (2009).** Neuropsychological Assessment, Dementia, and Cognitive Remediation. Various Locations, San Diego, CA.

2007 **Savarese, J**., Minassian, A., & Perry, W. (2007). Validating the composite scale of morningness using heart rate variability and motor activity as measures of circadian rhythm. Biological Psychiatry Conference, San Diego, CA.

2005 Meyers, J., Levak, R., **Savarese, J.** (2005). The relationship of cross cultural adaptability and emotional intelligence. Sietar Conference, Jersey City, New Jersey.

2005 Mackey, T., Langendoens, C., Clavell Storer, S., **Savarese, J**. (2005). Does race or gender influence a forensic interview outcome? Emerging Issues in Forensic Interviewing. American Professional Society on the Abuse of Children, 13th National Colloquium, New Orleans, Louisiana.

2004        Mackey, T., Langendoens, C., Clavell Storer, S., **Savarese, J.** (2004). Does race or gender influence a forensic interview outcome? Emerging Issues in Forensic Interviewing. Beyond Finding Words, Charleston, South Carolina.

2004 Mackey, T., Langendoens, C., Clavell Storer, S., **Savarese, J.** (2004). Does race or gender influence a forensic interview outcome? Emerging Issues in Forensic Interviewing. Advanced Finding Words, McComb, Mississippi.

2004 **Savarese, J.** (2004). The effect of maternal depression on family functioning: Etiology and treatment. Alliant International University Leadership Conference, San Diego, CA.