

MICHAEL M. TAKAMURA, M.D.

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Experience

- 8/2010-present **COUNTY OF SAN DIEGO, Forensic Examination Unit** **San Diego, CA**
Part-time forensic psychiatrist. Working closely with San Diego Superior Courts, doing a variety of criminal and civil forensics cases. Experience in competency to stand trial, sanity, Mentally Disordered Offender (MDO), LPS conservatorship, Pre-Sentencing, and Opiate Addiction Disposition evaluations. Experience with expert witness testimonies. References: David Naimark, MD, Matthew Carroll, MD.
- 3/2010-present **AURORA BEHAVIORAL HEALTH CARE** **San Diego, CA**
Full-Time Inpatient Psychiatrist and Clinical Service Director of Adult Services Unit. Responsibilities include clinical oversight of voluntary inpatient unit, directing treatment teams, supervising post-doc students, and meeting with utilization review staff to regularly coordinate care of patients, in addition to running monthly unit staff meetings to guide direction of clinical care issues.
References: Jim Plummer (CEO), Thomas Flanagan MD (Medical Director), Chris Benbow MD (colleague).
- 12/2007-present **CALIFORNIA NEUROPSYCHOPHARMACOLOGY RESEARCH INST (CNRI)** **San Diego, CA**
Consult Physician / Sub-Investigator for a variety of clinical trials protocols in psychopharmacology.
References: Tram Johnson, Ph.D., Chris Benbow, MD.
- 7/2006-present **PRIVATE PRACTICE, Adult and Forensic Psychiatrist** **Poway, CA**
Outpatient practice, part-time. Clinical and forensic diagnosis and treatment of psychiatric conditions. Specializations include primarily medication management of mood and anxiety disorders, substance abuse treatment (including Suboxone), and psychotic disorders, but also include short term/brief psychotherapy, EAP referrals, sex offender monitoring and treatment, worker's compensations cases (including treatment), and select criminal forensic cases. State of California Certified Qualified Medical Examiner (QME) as of 11/2009 to present date.

QME/AME satellite offices located in: Chula Vista, Carlsbad.

References: Bernard Bogard MD, Anna Carrillo MD, Elizabeth Bryant Ph.D., Joshua Hall, MD, Ph.D
- 11/2008-2/2010 **KAISER PERMANENTE MEDICAL GROUP** **Point Loma, CA**
Per diem psychiatrist at CDRP (Chemical Dependency and Rehabilitation Program). Work in urgent care setting, doing outpatient detoxes and admitting to inpatient unit, triage work, follow-up on outpatient basis. Psychoeducation, family intervention, staff support services performed. Suboxone certified. Left job to go back to inpatient directorship at Aurora Hospital.
References: Lawrence Moodie MD (Medical Director), Vanessa Greenwood MD.
- 7/2006-5/2009 **AURORA BEHAVIORAL HEALTH CARE** **San Diego, CA**
Full-Time Inpatient Psychiatrist and Clinical Service Director of Outpatient Programs. Responsibilities include clinical oversight of Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP), directing treatment teams, running group therapies, supervising post-doc students, and meeting with utilization review staff to regularly coordinate care of patients.
References: Jim Plummer (CEO), Thomas Flanagan MD (Medical Director), Mitch Gluck (Admin Head).
- 12/2007-12/2008 **MEDICAL DIRECTOR (Psychiatry) CARESOUTH HOME HEALTH** **El Cajon, CA**
Medical Director of Psychiatry Division of Home Health Agency. Responsibilities include oversight and consultation of psychiatric home health nursing care, bimonthly treatment team meetings, public speaking engagements on behalf of CareSouth, and business development planning. Discontinued service due to program being phased out.

References: Susan Erickson LVN, Sharon DePeralta RN/MBA, Suzette Kelley RN.

- 8/2005-9/2006 **PRIVATE PRACTICE, Psychiatrist** **Sherman Oaks, CA**
Outpatient psychiatry practice, part-time. Adult-Adolescent Mental Health Clinic. Experience in working with adults and select adolescents with a variety of psychiatric illness, including mood, anxiety, thought, and substance abuse disorders. Discontinued due to moving back to San Diego.
References: Alex Korchmarev, M.D., Nelli Korchmarev, Business Mgr, and Margaret Altman, LCSW.
- 2/2005-9/2006 **PACIFIC HEALTH SYSTEMS** **La Mesa, CA**
Inpatient Psychiatrist for weekend coverage at 2 psychiatric hospitals: University Community Medical Center and Alvarado Parkway Institute.
References: Dr. Saleem Ishaque, Mohammed Bari, Brad Sanders.
- 7/2004-9/2006 **PSYCHIATRIC CENTERS IN SAN DIEGO (PCSD)** **San Diego, CA**
Contract psychiatrist for the San Diego Sheriff Department. Responsibilities include covering 4 local jails. Perform initial assessments, follow-up medication management visits, inpatient units, safety cells evaluations, and supportive therapy.
References: Drs. Sabah Chammas (PCSD), Dee Ann Wong (PCSD), Ari Albala (PCSD), Earl Goldstein (SD Sheriffs).
- 8/2003-9/2006 **SHARP HEALTHCARE SYSTEMS** **San Diego, CA**
Inpatient Psychiatrist for weekend coverage at 2 Sharp Hospitals: Sharp Mesa Vista and Sharp Grossmont. Includes Seclusion & Restraint Coverage.
References: Drs. Michael Plopper (SMV), Brian Miller (GH), John Otis (GH).
- 6/2003-3/2005 **CAL PSYCH COVERAGE (CPC)** **La Mesa, CA**
Inpatient Unit Psychiatrist for weekend coverage at 2 private psychiatric hospitals: Alvarado Parkway Institute and Aurora Behavioral Health. Work with Locked Intensive Care units, Forensic/INS units, Adolescent & Senior units, Open Adult Unit, and Seclusion & Restraint Coverage. Discontinued when company closed 3/2005.
References: Drs. Mike Lardon, David Marks, Bernard Bogard.
- 2/2003-1/2004 **REGISTRY OF PHYSICIAN SPECIALISTS** **Walnut Creek, CA**
Contract Outpatient Psychiatrist at Pleasant Valley State Prison and Centinela State Prison of the California Dept of Corrections. Work with inmate population with emphasis on outpatient follow-up visits, emergency forensic evaluations, oncall responsibilities. Reason for leaving: other weekend work closer to San Diego.
- 2/2003-1/2004 **NATIONAL MEDICAL REGISTRY** **San Clemente, CA**
Contract Outpatient and Inpatient Psychiatrist at Pleasant Valley State Prison and Centinela State Prison. Work with inmate population with emphasis on psychopharmacology, brief psychotherapy, especially with the sensitive-need (sexual predator, homosexual, ex-gang member) populations.
References: Drs. Bill Alvarez (PVSP), Linda Francis (PVSP), Alan Abrams (CSP). Reason for leaving: other weekend work closer to San Diego.
- 6/1998-9/1998 **UCLA HEALTH SERVICES RESEARCH & DEPT. OF GERIATRICS** **Los Angeles, CA**
Principal Investigator in a project to develop a disease-targeted quality-of-life (QOL) outcome assessment instrument for stroke patients. Co-investigators: Dr. Ron Hays, UCLA Health Services Research and RAND Corporation; Dr. Dilip Jeste, UCSD VA Geropsychiatry.
- 6/1996-12/1996 **HARVARD MEDICAL SCHOOL** **Cambridge, MA**
Research assistant in the Laboratory of Neurophysiology. Collaborated in study concerning the cardiorespiratory mechanisms of REM sleep, a joint collaboration among Drs. James Allan Hobson, Richard Verrier, and James Quattrochi. Experience with neurosurgical techniques in cats, e.g. implanting EEG, EMG, EOG, as well as cholinergic and adrenergic pharmacology.

Education

7/2006-present **UNIVERSITY OF CALIFORNIA, SAN DIEGO Dept of Psychiatry** **La Jolla, CA**
 Assistant Clinical Voluntary Professor
 Responsibilities include weekly supervision of PGY-1 or 2 resident(s). Involves teaching of case discussions, journal article reviews, psychotherapy case formulations, medication treatment strategies, psychiatry and the law, and resident support and career mentoring.

6/2005-6/2006 **UNIVERSITY OF SOUTHERN CALIFORNIA Dept of Psychiatry** **Los Angeles, CA**
 Post-residency fellowship in forensic psychiatry.
 Fellow at the USC Institute of Psychiatry, Law and Behavioral Science
 USC Keck School of Medicine, Department of Psychiatry and Behavioral Science

Clinical:

Psychiatric-Legal evaluations for attorneys and judges, in criminal, juvenile, and dependency law.
 Treatment and Evaluation of Mentally Disordered Offenders.

Academic Appointments:

Clinical Instructor in Psychiatry 7/1/05-7/1/06
 USC Keck School of Medicine, Dept of Psychiatry and Behavioral Science

Consultantships:

Los Angeles County Superior Courts, including Department 95 Mental Health Court
 Los Angeles County Public Defender's Office
 Los Angeles County Alternate Public Defender's Office
 Los Angeles County District Attorney's Office
 Los Angeles County Sheriff's Department, Twin Towers Correctional Facility
 Los Angeles City Police Department
 Los Angeles County Department of Mental Health
 Los Angeles County Department of Health
 Los Angeles County Department of Probations
 Los Angeles County Department of the Coroner
 LAC+USC Medical Center
 Patton State Hospital, Atascadero State Hospital, US Federal Courts

6/2001-6/2005 **UNIVERSITY OF CALIFORNIA, SAN DIEGO Dept of Psychiatry** **La Jolla, CA**
 Chief Resident Dept of Psychiatry, Veterans Administration Hospital 2004-2005
 UCSD Outpatient Center Dual Diagnosis Team Psychiatrist 2003-2004
 Resident physician in Department of Psychiatry, PRITE scores 95^{th+} percentiles 2001-2005

Awards:

- *UCSD Housestaff Physician of the Year (one only; selected by all dept chairs)* 2005-2006
- *AADPRT Ginsburg Fellowship Award (seven awards nationally)* 2005-2006
- *APA/GlaxoSmithKline (Falk) Leadership Fellow Award (ten awards nationwide)* 2003-2005
- *American College of Psychiatrists Laughlin Fellow Award (fifteen in nation)* 2003-2004
- *Medical Education & Research Foundation (MERF) Scholarship Recipient* 2002-2004
- *UCSD Kaiser Excellence-In-Teaching Award (two among UCSD housestaff)* 2002-2003

Presentations:

- APA 2005 Workshop on "A Bitter Bill: What Every Physician Needs to Know" May 2005
- APA 2004 Workshop on "Wherefore Neuroscience" Participant May 2004
- Dept of Psychiatry Grand Rounds Presenter: Time Limited Psychotherapy January 2004

Other:

License: Medical Board Of California, November 22, 2002-2012, DEA November 30, 2002-2011

Research: Senior research project studying effects of chemotherapy and depression on sleep variables in breast cancer patients, with Dr. Sonia Ancoli-Israel.

9/1997-6/2001 **UNIVERSITY OF CALIFORNIA, SAN DIEGO School of Medicine** **La Jolla, CA**

Earned M.D. degree from the School of Medicine

Honors: Psychiatry clerkship, inpatient medicine, outpatient psychiatry, emergency psychiatry, outpatient medicine, emergency toxicology, and inpatient cardiology. OSCE exam: 2nd highest grade in class. 4th highest grade in class on CPX patient exam. Near honors: neurology, pediatrics.

Honors/Awards:

- UCSD School of Medicine 25th Anniversary Scholar (\$2000x4) (1997-2001)
- Japanese Medical Society of America: Pharmaceutical Group Scholarship Award (\$2000) (1998)
- Betty Ford Center Professional-In-Residence Program Scholarship (\$1500) (1998)
- American Federation for Aging Research (AFAR) Hartford UCLA Geriatrics Fellowship (\$4500) (1998)

Other:

- Professional memberships: AMA, APA, AAFP, American Society of Addiction Medicine, ACOEM

9/1993-6/1997 **HARVARD COLLEGE** **Cambridge, MA**

Received Honors B.A. *cum laude* from the Dept. of Biology, with neuroscience focus. **GPA: 3.65**

Honors:

- Dean's List (1993-97)
- Harvard College Scholarship (1993-95)
- John Harvard Scholarship (1995-97)
- California State Robert Byrd Honors Scholarship (1993-97)
- Harvard Research Program Scholarship (1995)
- Winthrop House Best All-Around Award (1997)

Personal

- Proficient in Japanese, Korean, and Spanish languages. Experience in interpreting and translating.
- Hobbies: piano, Japanese tea ceremony, classical music, bicycling, travel, photography, fine dining.

Extracurricular

- **AMERICAN PSYCHIATRIC ASSOCIATION:**
 1. Member-In-Training (MIT) Representative 2002-2005, San Diego Psychiatric Society District Branch
 2. Deputy Assembly Representative 6/2006-6/2008, San Diego Psychiatric Society District Branch.
 3. Area 6 Early Career Psychiatrist Deputy Rep 6/2008-6/2010, California Psychiatric Association.
 4. Area 6 Early Career Psychiatrist Rep 6/2010-6/2012, California Psychiatric Association
 5. Assembly ECP Committee Chairperson, 5/2011-present.
 6. Assembly Executive Council (AEC) Member, 5/2011-present.
 7. Government Affairs Committee Member 2008-present, California Psychiatric Association.
 8. California Psychiatric Association Access to Care Task Force member, 9/2011-present.
 9. APA Assembly - Reference Committee 4 Member, 2009-present.
 10. Committee on Procedures Member (chaired by Glenn Martin, MD), 2010-present.
 11. Communications Champion Member (workgroup headed by Scott Benson, MD) 8/2011-present.
 12. Panelist – ECP Workshop “Transition to Practice and Transitions in Practice” May 2012 Mtg.
 13. APA Nominations Subcommittee Member, 7/2011-present.
- **SAN DIEGO COUNTY MEDICAL SOCIETY:**
 1. California Medical Association Young Physicians Rep, 2008-present

- Other Professional Memberships:
American Association of Psychiatry and the Law (AAPL),
California Psychiatric Association (CPA),
American-Korean Association of Psychiatrists, (AKAP),
California Society of Industrial Medicine and Surgery (CSIMS).
- **J. William Fulbright Scholarship** to Korea (1997-98)
- Japan English Teaching (JET) program int'l relations coordinator fellowship (Japanese Ministry of Education), 1997
- Panelist on economic development: 49th Annual Japan-America Student Conference (Kyoto, Japan 1997)
- Translator for Members of Japanese House of Representatives, and Korean former Prime Minister, at the Asia-Pacific Forum (Harvard Kennedy School of Government)

Clinical Research Experience

Sub-Investigator for the following studies:

- Astra Zeneca Protocol 5077IL/0089: Multi-center, open label, flexible dose, parallel group, evaluation of the cataractogenic potential of Seroquel and Risperdal in the long term treatment of patients with schizophrenia or schizoaffective disorder
- Pfizer Protocol A1281143: A 3-week, double-blind, multi-center, placebo controlled study evaluating the efficacy and safety of add-on oral ziprasidone in subjects with acute mania treated with Lithium or Divalproex
- Sanofi-Aventis Protocol DRI6726: A 24-Week, Multicenter, Double-Blind, Randomized, Parallel-Group, Dose Ranging Study of the Efficacy and Safety of oral doses of study drug and placebo on top of an established treatment regimen of either olanzapine, risperidone or quetiapine monotherapy in the treatment of Cognitive Impairment in Schizophrenia
- Novartis Protocol CAGO178A2303: An 8-week, multicenter, randomized, double-blind, placebo- and paroxetine-controlled study of the efficacy, safety and tolerability of study drug given once daily in the treatment of Major Depressive Disorder (MDD) followed by a 52-week open-label treatment with study drug
- Ortho Janssen McNeil Protocol R076477-SCH-4013: A blinded-initiation study of medication satisfaction in subjects with schizophrenia treated with study drug after suboptimal response to oral risperidone
- DSP Protocol D1050231: A Phase 3 Randomized, Placebo- and Active Comparator-Controlled Clinical Trial to Study the Safety and Efficacy of Two Doses of Study Drug in Acutely Psychotic Patients with Schizophrenia. Study Status: Ongoing
- Protocol C10953/2032/DP/US: An 8-Week, Double-blind, Placebo-Controlled, Parallel-Group, Fixed-Dosage Study to Evaluate the Efficacy and Safety of Armodafinil Treatment (150 mg/day) as Adjunctive therapy in Adults With Major Depression Associated With Bipolar I Disorder. Study Status: Ongoing
- Alexa AMDC004301: A Multi-Center, Randomized, Double-Blind, Placebo-Controlled, Multi-Dose Efficacy and Safety Study of Staccato Loxapine for Inhalation in Schizophrenic Patients with Agitation
- Lundbeck Protocol 11723A: A randomized, double-blind, parallel-group, flexible-dose study exploring the neurocognitive effect of study drug versus quetiapine in patients with schizophrenia using the MATRICS Consensus Cognitive Battery (MCCB)
- Sanofi-Aventis Protocol EFC10438: An eight-week, double-blind study to evaluate the efficacy, safety, and tolerability of two fixed dose of study drug once daily in combination with paroxetine 20mg once daily compared to placebo in combination with paroxetine 20mg once daily in patients with major depressive disorder